# Club Protocols (Outline)

This document provides an overview of how the Penns Valley Youth Soccer organization will approach returning to play as permitted by the Commonwealth. The goal is to ensure a safe and positive playing environment for all players and coaches who choose to return to play.

#### Overview

It is the goal of this document to outline procedures and policies which will help reduce the risk of COVID-19 to our players and coaches. These procedures will reduce, but cannot eliminate all risk of exposure, ultimately it is the decision of the parents, players and coaches if they feel comfortable returning to play. No player will be negatively impacted by choosing to delay their return to play.

All attendees, players, parents, coaches, administrators, etc. who attend or participate in any PVYS even are expected to comply with the following:

### Personal Safety Standards to Be Followed At All Times

- 1. When suffering from any illness, stay at home.
- 2. Wash hands with soap and water; when soap and water not available use hand sanitizer with at least 60% alcohol.
- 3. Avoid touching face.
- 4. Wear a mask when out in public, except when playing a game or training

An admin or coach will take each player's temperature before each session/practice/game, ask if they have experienced any symptoms and record attendance. If a player's temperature is above 100 degrees the player will be asked to return home promptly and will not be permitted to participate.

Below are guidelines for each specific role. Everyone returning to play is expected to follow all guidelines as outlined in this document.

#### Players

Masks are required to be worn when players are not on the fields, training or drinking water. It is expected that all players will keep their mask on while walking to/from the fields/training areas and during any pre-training and/or pre-game instruction.

Players should disinfect their own equipment before & after each session including ball, cleats, guards, gloves, etc.

Players should bring their own ball if possible

Players MUST bring their own water or sports drink and DO NOT SHARE with others

Players should bring hand sanitizer

Players shall place their gear in a designated station maintaining minmum 6ft distance to others' gear.

Players shall respect and keep minimum 6ft distance from others during team huddles, there will be no high-fives, handshakes, fist bumps, etc.

Players must follow coach's instructions

Players should leave promptly at the end of practice/games

**Parents** 

This section outlines the requirements for the parents with children participating in club activities.

Parents should remain in cars or drop-off/pick-up for practices

Parents are welcome to attend games, but each household must remain as a group at least 6ft from all other household groups/spectator groups and are expected to follow the below guidelines:

Personal Safety Standards to Be Followed At All Times

- 5. When suffering from any illness, stay at home.
- 6. Wash hands with soap and water; when soap and water not available use hand sanitizer with at least 60% alcohol.
- 7. Avoid touching face.
- 8. Wear a mask when out in public, except when playing a game or training

Carpooling should be avoided when possible

Parents should pick-up their child promptly at the end of practices/games

There will be no team snacks

Coaches

This section outlines the requirements for coaches participating in club activities.

Coaches will not attend any club events if they have experienced any COVID-19 symptoms within the past two weeks

Coaches will bring and use hand sanitizer

Coaches are responsible for ensuring players maintain safe distances during instruction and while on the sidelines

Coaches will wear a mask when not on the fields/training

There will be no high-fives, fist bumps, etc.

Coaches will respect the 6ft minimum distance

Coaches will sanitize all provided equipment before/after each practice/game

Coaches will provide each player with an assigned penny for the session and will wash pennies between sessions

Coaches will distribute/collect/handle all shared equipment such as cones, posts, etc.

#### Admins

This section outlines the requirement for club admins participating in club activities

Admins and PVYS board members will support the above guidelines and follow the applicable guidelines for parent or coach.

## **COVID Postive Response**

This section outlines how the club will respond to a player, coach, or admin in regular contact with others is identified as COVID Positive.

Example: Plans for notifying those on the same team (the identity no revealed) and the steps they should take.

**Additional Plans** 

PVYS will provide disinfectant for all coaches.

PVYS will make hand sanitizer available at all events.

PVYS will ensure all restroom facilities are sanitized before and after each event.

Additional Resources

https://www.pawest-soccer.org/news/covid-19-info-center/

Example: CDC personal hygiene info, US Soccer Play On Guidelines, etc.